



# DR MARK ALEXANDER-WILLIAMS

**PAIN MANAGEMENT CONSULTANT**

MBBS, FRCA, CCST, FFPMRCA

GMC NO: 3270417

Broomfield Hospital  
(1998 - Present)



## EXPERT INFORMATION

### SPECIALIST AREAS:

- Chronic pain,
- Amputation
- Cauda Equina Syndrome (CES)

### CASES ACCEPTED:

Claimant age: 18+

- Clinical assessments
- Remote assessments
- Home visits
- Prison visits
- Criminal cases\*
- Screening reports
- Desktop reports
- Family cases\*

\*Case-by-case



### SCAN ME



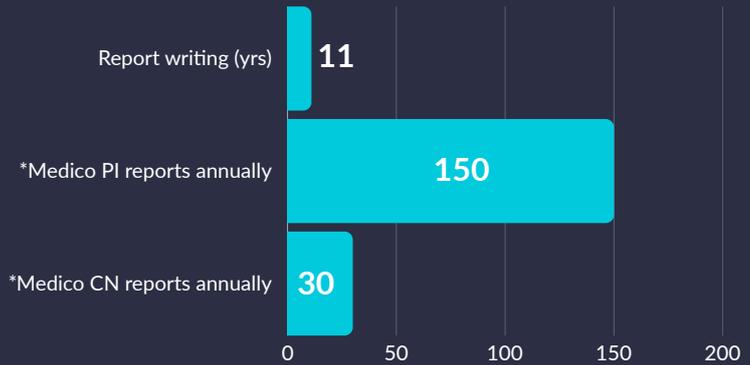
## EXPERT RATIO



CLAIMANT **60%**  
DEFENDANT **40%**



CLIN NEG **30%**  
PI **70%**



\*Annual report from 2024

## VENUES:



- Chamberlain Clinic, Birmingham, B15 3HG
- Springfield Hospital, Chelmsford, CM1 7GU
- DRG Health Clinic, Doncaster, DN1 1BL
- Edinburgh Chiropractic Clinic, Edinburgh, EH1 3LY
- Holmedale Health, Exeter, EX1 1SE
- The London Orthopaedic Clinic, London, W1B 1PT
- Pure Physiotherapy Newquay, TR7 2FP

## FURTHER INFO:

- Court experience
- Bond Solon trained
- NHS contracted
- Fixed fee cases\*
- Personal Injury
- Clinical Negligence:
  - Causation
  - Liability
  - Breach of Duty
  - Condition & Prognosis



\*Case-by-case

### CONTACT

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## CASES RELATING TO:

- Crush injury (upper and lower limb)
- Complex Regional Pain Syndrome (CPRS)
- Somatic Symptom Disorder (SDD)
- Complications following knee replacement surgery
- Chronic neuropathic pain
- Soft tissue injury (upper/lower limb/spine/buttocks)
- Facet joint pain
- Radiation pain
- Whiplash associated disorders
- Pain relating to physical assault:
  - Back
  - Neck
  - Headaches
- Therapies relating to:
  - Post-traumatic stress disorder (PTSD)
  - Eye Movement Desensitisation and Reprocessing (EMDR)
  - Cognitive behavioural therapy (CBT)
- Amputation related pain:
  - Phantom limb pain
  - Post-amputation
- TVT/TVT-O mesh related pain
- Pelvic related pain
- Coccydynia
- Neuromodulation
- Nociceptive pain
- Degenerative pain
- Cauda Equina Syndrome (CES)
- Pain relating to industrial disease:
  - Vibration white finger
  - Raynauds
  - Carpal tunnel syndrom (CTS)/tendonitis
- Nerve blocking injections
- Spinal cord stimulator (SCS)
- Radicular pain such as brachialgia and sciatica
- Axis pain
- Spinal blocks
- Disc pain
- Epidurals
- Musculoskeletal pain
- Plexus pain
- Pain associated with other chronic diseases such as angina, arthritis, endometriosis, headache and pancreatitis.
- Pain involving the central or peripheral nervous system
- Radiofrequency lesioning
- Pulsed radio frequency lesioning
- Neurolytic blockade
- Fibromyalgia
- Medically unexplained pain
- Persistent & unexplained pain
- Abdominal pain

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## MEDICO LEGAL EXPERIENCE:

Dr Alexander-Williams is an experienced medical Expert Witness with 11 years' experience in medico-legal practice. He prepares reports instructed by both Claimant and Defendant on personal injury cases. To date, he has prepared over 1,800 medico-legal reports and currently completes approximately 150 reports per year, he undertakes clinical negligence cases as well as extensive cases in personal injury.

He provides independent expert opinion in full compliance with the Civil Procedure Rules and is fully aware of the overriding duty of an Expert Witness to the Court. His reports address issues of liability, condition and prognosis, causation and breach of duty.

Dr Alexander-Williams is an expert in pain management, with particular expertise in pain syndromes, including complex regional pain syndrome (CRPS), spinal pain, neuropathic pain and headache disorders. He has extensive experience in analysing and explaining complex and often contested pain-related conditions in a clear and accessible manner for solicitors, counsel, and the judiciary.

Dr Alexander-Williams is Secretary of the Medico-Legal Special Interest Group of the British Pain Society and remains actively engaged in professional development at the interface of pain medicine and medico-legal practice. He has experience in providing evidence in court when required.

## CLINICAL EXPERIENCE:

Dr Alexander-Williams is a Consultant in Pain Management with over 20 years' experience in the assessment and management of complex pain conditions. He specialises in a multidisciplinary, biopsychosocial approach to pain management, incorporating diagnostic imaging, interventional procedures, and medication optimisation, working closely with radiologists, surgeons, psychologists, physiotherapists and other allied specialists.

He has been Clinical Lead in Pain Medicine at the Schoen Clinic since its opening and has been integral to the multidisciplinary pain team since its inception. Prior to leaving the NHS in 2021, he spent over two decades at Broomfield Hospital, Chelmsford, including 6 years as Head of Department and Lead Clinician for the Pain Service, delivering both NHS and private care across multiple hospital sites.

His clinical practice focuses on spinal pain (back, neck pain and sciatica), musculoskeletal pain, pelvic and abdominal pain, post-surgical pain and complex regional pain syndrome (CRPS). He runs specialist multidisciplinary clinics for chronic pelvic pain and abdominal visceral pain associated with gastroparesis.

He has held a number of senior leadership and governance roles, including Clinical Director, Trust Audit Lead, and MAC Secretary and has presented audit and research work regularly at national pain society meetings.

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He has also held senior management roles in the independent sector, including Associate Medical Director and Chief Executive Officer and has received seven local merit awards in recognition of work beyond contractual expectations.

## PUBLICATIONS:

- Effects of Methoxamine on blood loss and haemodynamic variables during transurethral prostatic resection under spinal anaesthesia. [Letter]. **J.M. Alexander-Williams**. British Journal of Anaesthesia 1995; 74: 628
- Doxapram and the prevention of postoperative hypoxaemia. **J.M. Alexander-Williams**, A.J. Ogilvy, B.T. Langham, D J Rowbotham. British Journal of Anaesthesia 1995; 75: 233P
- Pulse Oximetry and the prevention of postoperative hypoxaemia. **J.M. Alexander-Williams**. British Medical Journal 1995; 311(7001): 367-370
- The McCoy laryngoscope is superior to the Macintosh laryngoscope in patients with potential cervical spine injuries. S.C. Laurent, A.E. deMelo, **J.M. Alexander-Williams**. Anaesthesia 1996; 51(1): 74-5
- Effect of theophylline and forskolin on human respiratory cilia beat frequency in vitro. **J.M. Alexander-Williams** and T.A. Bedford. British Journal of Anaesthesia 1996; 77: 685p
- "Novel routes of opiate administration". **J.M. Alexander-Williams**, D.J. Rowbotham. Review article. British Journal of Anaesthesia 1998; 81(1): 3
- Paracetamol Revisited. A Review of the pharmacokinetics and pharmacodynamics. B. Ward, **J.M. Alexander-Williams**. Acute Pain 1999; 2(3): 139-149
- Impact of an education programme on pain suffered and analgesia consumption. T.Kooner, D.Watkins, **J.M.Alexander-Williams**. Abstract published on Doctors.net.uk 2000
- Machine malfunction. K.Mackrodt, **M.Alexander-Williams** (sic). Anaesthesia. 2001
- Epidural infusions. L.Bannon, **M.Alexander-Williams**, D.Lutman. Anaesthesia. 2001;56.
- PCA Diamorphine Intranasal vs intravenous. M. Ward, G Minto, **M Alexander-Williams**. Anaesthesia 2001; 57(1): Jan
- The Pakistan earthquake: A British trainee's experience. Injury. 2006;37:567. Ahmad MA, Naqui SZ, Shah N, Khan A, **Alexander-Williams JM**, Jaffery A
- Stability of premixed syringes of diamorphine and hyperbaric bupivacaine. International Journal of Obstetric Anesthesia. 2005;14:284. Hudson SJ, Jones MF, Nolan S, Ellis H, Duncombe R, **Alexander-Williams JM**
- Maternal Pain Scores after Caesarean Section Verbal presentation by Dr Chris Holland at the East Anglian Scientific Meeting (2nd prize)
- Cyclizine alone and in combination with Dexamethasone for PONV after gynaecological laparoscopy July 2004. Verbal presentation at the Anaesthetic Research Society and submitted for peer review.

### CONTACT

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