



# DR RACHEL MCGOWAN

CLINICAL PSYCHOLOGIST

D. CLIN. PSYCH, BA (HONS)

HCPC NO: PYL27548

The Liverpool University Hospital NHS Trust  
(2021 - Present)



## EXPERT INFORMATION

### SPECIALIST AREAS:

- Chronic pain
- Gastrointestinal cancers/stomach & traumatic birth

### CASES ACCEPTED:

Claimant age: 18+

- Clinical assessments\*
- Remote assessments
- Home visits\*
- Prison visits
- Criminal cases
- Screening reports
- Desktop reports
- Family cases

\*Case-by-case



### SCAN ME



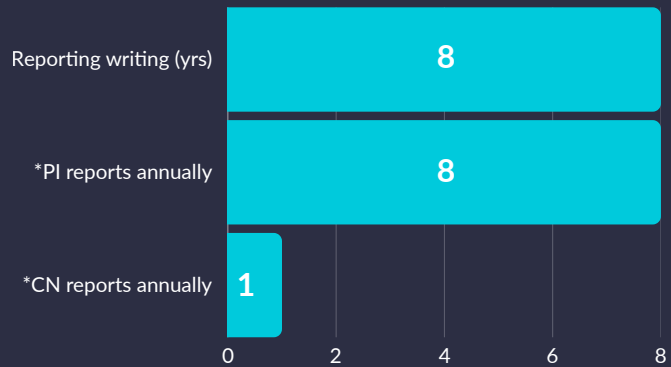
## EXPERT RATIO



CLAIMANT 40%  
DEFENDANT 60%



PI 60%  
CLIN NEG 40%



\*Annual report from 2024

## VENUES:



Chamberlain Clinic, Birmingham, B15 3HG  
Ullet Road Eco Offices, 125a Ullet Road, Liverpool, L17 2AB  
Regus office, 16 Upper Woburn Place, London, WC1H 0AF  
The Practice Rooms, Oxford, OX2 7JL

## FURTHER INFO:

- Court experience
- Bond Solon trained
- Personal Injury
- Clinical Negligence:
  - Causation
  - Liability
  - Breach of Duty
  - Condition & Prognosis

### CONTACT

enquiries@mlas.co.uk

www.mlas.co.uk

0114 245 5423

Haywood House Unit 1a Hydra Business Park  
Nether Lane, Ecclesfield, Sheffield, S35 9ZX





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## CASES RELATING TO:

- Structural, inflammatory and functional gastroenterology issues
- Gastrointestinal cancers and stomach
- Pre and post-surgery anxiety and adjustment
- Traumatic birth experience
- Unsuccessful or repetitive surgery
- Late diagnosis or treatment
- Chronic pain conditions:
  - Fibromyalgia
  - Chronic Regional Pain Syndrome (CRPS)
  - Widespread pain
  - Chronic pain related stress
- Disorders:
  - Somatic symptom disorder (SSD)
  - Adjustment disorder
  - Major depressive disorder
  - Anxiety disorder
  - Post traumatic stress disorder (PTSD)
- Trauma-related stress:
  - Psychological stress relating to injury
  - Psychological adjustment in relation to injury
    - o Flashbacks
    - o Mood disturbance
    - o Recall problems
    - o Social withdrawal
    - o Nightmares
    - o Phobia (injury/incident)
    - o Travel anxiety
- Road traffic accident
- Work-related incidents
- Cognitive Behavioural Therapy (CBT)

## MEDICO LEGAL EXPERIENCE:

Dr McGowan is an experienced, HCPC registered Clinical Psychologist and Expert Witness. She has completed Bond Solon training and is instructed by Claimants and Defendants in personal injury and clinical negligence cases.

Dr McGowan has been an expert witness since 2017 working alongside a busy NHS practice. She has undertaken over 200 reports in that time and has completed over 75 clinical negligence reports. Dr McGowan has received numerous witness summons but is yet to give evidence in Court. She is able to opine on clinical negligence cases relating to breach of duty, liability and causation.

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 **Medical & Legal  
Admin Services**

## CLINICAL EXPERIENCE:

Alongside her private practice work, Dr McGowan is the Principal Clinical Psychologist (gastroenterology) at The Liverpool University Hospitals NHS Trust. Before this she worked in generic mental health services, having gained over 15 years of experience across a range of settings including primary care and secondary care. She has set up a clinical psychology service within an in-patient environment and is currently establishing clinical health psychology provision within an NHS gastroenterology service. Her specialisms are in chronic pain and gastroenterology.

Furthermore, she has lectured on the Clinical Psychology Doctorate courses on chronic pain and has presented to Pain Consultants, Occupational Therapists and Physiotherapists on pain psychology. She is a Clinical Supervisor to Trainee and Assistant Psychologists.

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