



**DR SARAH WOODS**

D.CLIN.PSYCH, BA (HONS)

## CLINICAL PSYCHOLOGIST

### EXPERT INFORMATION

HCPC No: PYL22296

Will see Claimants 18+

Report turnaround 4-6 weeks

Face to face and remote appointments

Home visits

### REPORT RATIO



60% Claimant  
40% Defendant




60% PI  
40% Clin Neg

### CONTACT

 [enquiries@mlas.co.uk](mailto:enquiries@mlas.co.uk)

 [www.mlas.co.uk](http://www.mlas.co.uk)

 0114 245 5423

Haywood House Unit 1a  
Hydra Business Park  
Nether Lane  
Ecclesfield  
Sheffield  
S35 9ZX



## CURRENT ROLE:

### Independent Clinical Psychologist

- Psychological therapy - self-referral, health insurers and medico legal referrals.
- Court compliant expert witness reports for personal injury and clinical negligence.
- Part of the training team for national organisation 'Live Well with Pain', providing training to health professionals across England to support patients to self manage pain

(2019 - Present)

## CASES RELATING TO:

### Late diagnosis:

- COVID syndrome
- Long Covid
- Cauda Equina Syndrome (CES)
- Cancer

### Trauma:

- Birth trauma
- Repetitive surgery
- Unsuccessful surgery

### Persistent/chronic pain:

- Widespread pain
- Back, buttocks, extremities
- Amputations
- Chronic regional pain syndrome (CRPS)
- Long-term pain caused by injuries
- Fibromyalgia

### Other:

- Injuries causing physical disability
- Road traffic accidents
- Work-related incidents
- Post-traumatic stress disorder (PTSD)
- Anxiety and mood disorder/disturbance
- DSM assessments
- Depression
- Sleep disruption
- Adjustment disorder
- Persistent depressive disorder
- Major depressive disorder
- Acceptance and Commitment Therapy (ACT)
- Cognitive Behavioural Therapy (CBT)
- Trauma Focused Cognitive Behavioural Therapy (tf-CBT)
- Eye Movement Desensitisation and Reprocessing Therapy (EMDR)
- Generalised Anxiety Disorder (GAD7)




**DR SARAH WOODS**  
D.CLIN.PSYCH, BA (HONS)

## CLINICAL PSYCHOLOGIST

### CONTACT

 [enquiries@mlas.co.uk](mailto:enquiries@mlas.co.uk)

 [www.mlas.co.uk](http://www.mlas.co.uk)

 0114 245 5423

Haywood House Unit 1a  
Hydra Business Park  
Nether Lane  
Ecclesfield  
Sheffield  
S35 9ZX



## MEDICO LEGAL EXPERIENCE:

Dr Sarah Woods is a Clinical Psychologist and has been an Expert Witness since 2013. She has Bond Solon and Expert Institute (of which she is a member) training and is instructed in clinical negligence, criminal injury and personal injury cases for Claimants and Defendants.

Ms Woods has over 10 years' experience as an expert witness and has produced over 1,000 reports in this timeframe. She has been summoned to Court previously, but is yet to attend.

Her meticulously researched reports draw upon thorough document reviews and clinical interviews, allowing her to analyse issues of causation, mental health condition, and potential future developments. Dr Woods typically produces 4-6 reports per months, divided between personal injury and clinical negligence cases.

## CLINICAL EXPERIENCE:

Dr Woods has extensive experience in senior NHS leadership roles and boasts a robust clinical background. Over the years, she has dedicated herself to direct client assessment and therapy, while also spearheading the development of evidence-based clinical services. Furthermore, she excels in clinically supervising psychologists, ensuring governance in psychological services, and offering advisory support to NHS partners on service development.

In her practice, Dr Woods specialises in therapy and rehabilitation, offering services such as Acceptance and Commitment Therapy, Cognitive Behavioural Therapy (CBT), Eye Movement Desensitisation and Reprocessing Therapy (EMDR), and Pain Reprocessing Therapy. Since her qualification in 2008, she has focused on treating adults dealing with chronic pain, post-COVID syndrome, general mental health issues, and trauma/PTSD.