



DR SASHA HVIDSTEN

MB, CHB, MRCPCH, MRCPsych, PGCert (LLM)

CONSULTANT CHILD AND ADOLESCENT PSYCHIATRIST AND NEUROPSYCHIATRIST

EXPERT INFORMATION

GMC No: 4278818

Claimants aged 5-25

Report turnaround 3-4 weeks

Face to face and remote appointments

EXPERT RATIO

75% Claimant

25% Defendant

CONTACT

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CURRENT ROLE:

Consultant Child and Adolescent Psychiatrist and Neuropsychiatrist

Woodbourne Hospital Priory

CASES RELATING TO:

Personal injury relating to:

- Adult attention-deficit/hyperactivity disorder (ADHD)
- Amputation
- Head injury (post-road traffic accident)
- Mental health conditions (e.g. self-harm, depression, psychosis, obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD) and eating disorders)
- Developmental disorders (e.g. autism)
- Alcohol and substance misuse
- Functional disorders (FND/SSD)
- Habit reversal (e.g. tics and Tourette's)
- Chronic pain

Family cases relating to:

- Family autism assessments
- Missed mental health conditions

MEDICO LEGAL EXPERIENCE:

Dr Hvidsten is a Consultant Child and Adolescent Psychiatrist and Neuropsychiatrist has been an Expert Witness for over 10 years. She has Bond Solon training and is instructed in personal injury, criminal injury and family cases by Claimants and Defendants. She sees children and young adults up to the age of 25 years old, the youngest she will see is 5 years old.

CLINICAL EXPERIENCE:

Dr Hvidsten has been a Consultant Child and Adolescent Psychiatrist for the Mulberry (open unit) and Rowan units (high dependency unit) at Woodbourne Hospital Priory, she is the named Doctor for Safeguarding Children Priory Group of Hospitals. She is also on the Forum of Insurance Lawyers (FOIL) Panel, a member of the Royal College of Psychiatrists and a member of the College of Paediatrics and Child Health.

Dr Hvidsten has experience in helping children, adolescents and young adults with a wide range of difficulties including neuropsychiatric disorders. Her initial qualification as a Paediatrician before training to become a Psychiatrist gives her specialist expertise in helping those whose difficulties overlap both physical and mental health issues.