



DR PAUL LOUGHLIN

CONSULTANT PSYCHIATRIST

M.B., B.S. MRCPSYCH

GMC NO: 3580987

Cardinal Clinic, Windsor
(2022 - Present)



EXPERT INFORMATION

SPECIALIST AREAS:

- Bipolar disorder
- Post-traumatic stress disorder (PTSD)
- Obsessive compulsive disorder (OCD)

CASES ACCEPTED:

Claimant age: 18+

- Clinical assessments
- Remote assessments
- Home visits
- Prison visits
- Criminal cases
- Screening reports
- Desktop reports
- Family cases



SCAN ME



EXPERT RATIO



CLAIMANT **80%**
DEFENDANT **20%**



PI **55%**
CLIN NEG **45%**



*Annual report from 2024

VENUES:



- The Berkshire Clinic, Berkshire, RG41 5RB
- Wellshare Consulting Rooms Guildford, GU1 3UA
- The House on Snow Hill, London, EC1A 2EJ
- Cardinal Clinic, Windsor, SL4 5UL

FURTHER INFO:

- Court experience
- Bond Solon trained
- Personal Injury
- Clinical Negligence:
 - Causation
 - Liability
 - Breach of Duty
 - Condition & Prognosis



CONTACT

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Medical & Legal
Admin Services



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CASES RELATING TO:

Personal Injury

- Road traffic accident (RTA)
- Work place accident
- Generalised anxiety disorder
- Trauma sequelae
- Post-traumatic stress disorder (PTSD)
- Historic child abuse assessments
- Military claims
- Multi-track cases
- Obsessive-compulsive disorder (OCD)
- Psychosis pain disorder
- Depression
- Bipolar disorder
- Mild cognitive impairment
- Dementia:
 - Alzheimer's disease
 - Vascular dementia
 - Lewy body demenita (DLB)
 - Frontotemporal dementia (FTD)
 - Mixed dementia
- Functional neurological disorder (FND)
- Section 12 approved Doctor
- ADHD
- Anxiety disorder
- Assessment under The Mental Health Act 1983
- Chronic pain with psychological impact
- Prognosis, treatment needs and causation

Clinical Negligence

- Mental harm caused by medical or psychiatric negligence
- Failure to diagnose or treat mental illness

• Capacity and long-term outcomes Mental Capacity & Court of Protection

- Capacity to:
 - Make medical decisions
 - Manage finances
 - Decide on residence or care
 - Execute a will (testamentary capacity)
 - Grant lasting power of attorney
- Best interests assessments
- Cognitive disorders and dementia cases

Education-Related Cases

- Mental health needs affecting education access
- Impact of psychiatric conditions on learning or attendance
- Suitability of educational placement

Occupational Stress & Employer Liability

- Work-related stress, burnout
- Bullying or harassment at work
- Fitness to work and return to work opinions

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MEDICO LEGAL EXPERIENCE:

Dr Loughlin has been producing medico-legal reports since 2000. He has prepared reports in cases involving personal injury, work-related stress, post-traumatic stress disorder (PTSD), fitness to work, mental capacity assessments, Lasting Power of Attorney and testamentary capacity. All reports are prepared in accordance with the Civil Procedure Rules and Woolf reforms

He has completed Bond Solon and APIL training in medico-legal report writing and courtroom skills, and has undertaken further advanced medico-legal and court skills training, including Specialist Info and Bond Solon programmes.

Dr Loughlin has a balanced caseload of clinical negligence and personal injury work and is experienced in providing independent expert opinion on condition and prognosis, breach of duty, liability, and causation, where these fall within his psychiatric expertise.

He currently completes approximately 100 medico-legal reports per year, with 40 or more relating to clinical negligence matters.

In 2022, Dr Loughlin became an Accredited Mediator with the Society of Mediators, 218 Strand, London. This training supports his ability to consider and analyse both medical and legal perspectives in complex cases.

CLINICAL EXPERIENCE:

Dr Loughlin is a Consultant Psychiatrist with almost 30 years' experience in the assessment, diagnosis and treatment of mental health conditions in adults. His clinical expertise spans a wide range of disorders, including ADHD, bipolar disorder, depression, generalised anxiety disorder, obsessive-compulsive disorder, panic disorder, psychotic disorders, and cognitive and memory conditions.

He holds Approved Clinician status and is a Section 12 Approved Doctor, enabling him to undertake Mental Health Act assessments. Dr Loughlin is known for his holistic, non-judgemental and patient-centred approach, working collaboratively with patients with empathy and respect. Where clinically appropriate, he prioritises psychological treatments before medication, rather than focusing solely on diagnostic labels.

Dr Loughlin has a strong academic and research background. In 2014, he led the development and opening of the Berkshire Memory and Cognition Research Centre at the University of Reading, and during his NHS career he served as a Principal Investigator in several dementia research studies.

In his current private practice, Dr Loughlin sees patients in Windsor and Guildford and holds admitting rights at the Cardinal Clinic in Windsor.

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He routinely undertakes occupational health assessments for employers and insurers.

He also offers advanced cognitive performance assessments in collaboration with Creyos (formerly Cambridge Brain Sciences), using scientifically validated, web-based tools to monitor cognitive function over time.

PUBLICATIONS

- Efficacy, safety, and tolerability of combined administration of lithium and selective serotonin reuptake inhibitors: a review of the current evidence. Hawley CJ, **Loughlin PJ**, Quick SJ, Gale T, Sivakumaran T, Hayes J, McPhee S. *International Clinical Psychopharmacology*, 15, 197-206, (2000)
- A Double-Blind Randomised Placebo-Controlled Withdrawal Trial Comparing Memantine and Antipsychotics for the Long-Term Treatment of Function and Neuropsychiatric Symptoms in People with Alzheimer's Disease (MAIN-AD). Ballard, Clive; Thomas, Alan; Gerry, Stephen; Yu, Ly-Mee; Aarsland, Dag; Merritt, Claire; Corbett, Anne; Davison, Christopher; Sharma, Narendra; Khan, Zunera; Creese, Byron; **Loughlin, Paul**; Bannister, Carol; Burns, Alistair; Win, Soe Nyunt; Walker, Zuzana; MAIN-AD investigators. *Journal of The American Medical Directors Association*, 2014.
- Use of Flutemetamol F 18-Labelled Positron Emission Tomography and Other Biomarkers to Assess Risk of Clinical Progression in Patients with Amnesic Mild Cognitive Impairment David A. Wolk, MD; Carl Sadowsky, MD; Beth Safirstein, MD; Juha O. Rinne, MD; Ranjan Duara, MD; Richard Perry, MD; Marc Agronin, MD; Jose Gamez, MD; Jiong Shi, MD; Adrian Ivanoiu, MD; Lennart Minthon, MD; Zuzana Walker, MD; Steen Hasselbalch, MD; Clive Holmes, MD; Marwan Sabbagh, MD; Marilyn Albert, MD; Adam Fleisher, MD; **Paul Loughlin**, MD; Eric Triau, MD; Kirk Frey, MD; Peter Høgh, MD; Andrea Bozoki, MD; Roger Bullock, MD; Eric Salmon, MD; Gillian Farrar, PhD; Christopher J. Buckley, PhD; Michelle Zanette, MS; Paul F. Sherwin, MD; Andrea Cherubini, PhD; Fraser Inglis, MD *JAMA Neurology* 14 May 2018

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