



DR RAHUL GURU

MBBS, MD, FCARCSI, DPMCAI

BILINGUAL: ENGLISH, HINDI

PAIN MANAGEMENT CONSULTANT

EXPERT INFORMATION

GMC No: 6096920

Will see Claimants 18+

Report turnaround 4 weeks

Face to face assessments

Remote assessments

EXPERT RATIO



80% Claimant
20% Defendant



100% PI

CONTACT

 enquiries@mlas.co.uk

 www.mlas.co.uk

 0114 245 5423



Haywood House Unit
1a Hydra Business Park
Nether Lane
Ecclesfield
Sheffield
S35 9ZX

CURRENT ROLE:

Consultant in Pain Management

Cardiff and Vale University Health Board (2015 - Present)
Nuffield Health, Cardiff and Vale Hospitals (2016 - Present)
Spire Cardiff Hospital (2022 - Present)
Sapphire Medical Clinics, London (2021 - Present)

CASES RELATING TO:

Rahul has extensive experience in assessing and preparing reports associated with:

- Pain Related Conditions
- Whiplash Related Pain
- Sciatica
- Sports injuries
- Piriformis syndrome
- Diabetic neuropathy
- Neuropathic pain (nerve pain)
- Post-shingles pain
- Medication/radiation pain
- Migraine
- Occipital neuralgia
- Complex Regional Pain Syndrome (CRPS)
- Cancer pain
- Phantom pain/post-amputation pain
- Fibromyalgia
- Chronic pain after surgery

MEDICO LEGAL EXPERIENCE:

Dr Guru is a Pain Management expert instructed by Claimants and Defendants. His focus lies in delivering in-depth, high quality reports for complex cases where chronic pain has persisted beyond the expected healing period. Dr Guru has Bond Solon and Pain Expert training. He is well versed in the nuances of Part 35 of the Civil Procedure Rules and Practice Direction, and ensures that his reports are fully compliant.

He reports on over 100 cases per year, but is currently only undertaking PI work.

CLINICAL EXPERIENCE:

Dr Guru is is Consultant in Pain Medicine & Anaesthetics, boasting a comprehensive medical background. After earning a medical degree in India, Dr Guru relocated to Ireland, where he completed anesthesiology training. He pursued fellowships in Pain Medicine in both Ireland and England and obtained excellent training in this sub-speciality. Dr Guru has been awarded the Fellowship in Anaesthesia and the Diploma in Pain Medicine, awarded by the College of Anaesthetists of Ireland and its Faculty of Pain Medicine, respectively.



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Dr Guru has assumed leadership roles and actively contributed to various research projects, with numerous articles published in peer-reviewed medical journals. A commitment to staying at the forefront of the field is evident in regular attendance at conferences and workshops, ensuring currency with the latest advancements in pain medicine.


Teaching is a key aspect of Dr Guru's professional life, involving the education of pain medicine trainees and medical students, as well as participation as a faculty member on relevant courses. Furthermore, Dr. Guru shoulders the responsibility of training junior doctors at the University Hospital of Wales. Within the NHS, Dr. Guru serves as a Consultant in Pain Medicine and Anaesthetics at the University Hospital of Wales and University Hospital Llandough. His practice revolves around the treatment of diverse chronic pain conditions, with a distinct focus on spinal pain, neuropathic (nerve) pain, headache, migraine (including Botox for migraine), and cancer pain.

Dr. Guru adheres to a holistic approach to patient management, consistently following the biopsychosocial model of pain care.

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