



DR SAHIR SHAIKH

TRAUMA & ORTHOPAEDIC SURGEON WHIPLASH INJURY EXPERT

MSP MED D ORTH, MBBS

GMC NO: 4747859

Independent
(2005 - Present)



EXPERT INFORMATION

SPECIALIST AREAS:

- Low Velocity Impact (LVI) and biomechanics
- Whiplash-associated disorders

CASES ACCEPTED:

Claimant age: All

- Clinical assessments*
- Remote assessments
- Home visits
- Prison visits
- Criminal cases
- Screening reports
- Desktop reports
- Family cases*

*Case-by-case

BILINGUAL:

- * English
- * Hindi

SCAN ME



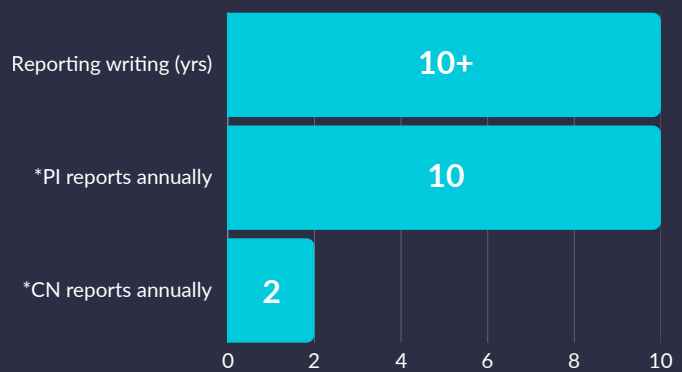
EXPERT RATIO



CLAIMANT **50%**
DEFENDANT **50%**



PI **60%**
CLIN NEG **40%**



*Annual report from 2024



VENUES:



- Coach House Health Care, Cambridge, CB2 9LN
- Liverpool, Road Studios, Crosby, L23 5TD
- Dundee Chiropractic, Dundee, DD1 2BW
- Edinburgh Chiropractic Clinic, Edinburgh, EH1 3LY
- Best Health Clinics, Essex, RM11 1XA
- H3 Wellbeing, Harringay, N4 1DZ
- Hereford Centre for Natural Health, Hereford, HR2 7XT
- The Lawrence Clinic, Leeds, LS28 8PU
- Genesis Clinic, Liverpool, L1 9EW
- Remedy Lounge, Manchester, M3 4BQ
- Isis House, Milton Keynes, MK11 3EA
- The Northampton ISIS Chiropractic Clinic, Northampton, NN1 3RF

FURTHER INFO:

- Court experience
- Bond Solon trained
- Fixed Fee cases*
- Personal Injury
- Clinical Negligence:
 - Causation
 - Liability
 - Breach of Duty
 - Condition & Prognosis



*Case-by-case

CONTACT

✉ enquires@mlas.co.uk

🌐 www.mlas.co.uk

☎ 0114 245 5423

Haywood House Unit 1a Hydra Business Park
Nether Lane, Ecclesfield, Sheffield, S35 9ZX





DR SAHIR SHAIKH

TRAUMA & ORTHOPAEDIC SURGEON WHIPLASH INJURY EXPERT

MSP MED D ORTH, MBBS

CASES RELATING TO:

Road traffic collision (RTC) Related

Whiplash:

- Whiplash-associated disorders (WAD)
- Acute and chronic neck pain following rear-end, side impact or frontal collisions
- Soft tissue sprain/strain injuries of the cervical spine
- Facet joint irritation and associated muscle spasm
- Acceleration - deceleration injuries with radicular symptoms
- All complex whiplash injuries from RTA
- Low Velocity Impact (LVI) and biomechanics
- Inadequate examination after road traffic collisions

Soft tissue injury cases:

- Cervical, thoracic and lumbar soft-tissue sprains/strains
- Shoulder, upper-back and periscapular soft tissue injuries arising from collision forces
- Muscular/ligamentous injuries triggered or aggravated by trauma
- Tendon irritation, bursitis or referred pain patterns
- Incorrect management of soft tissue spinal trauma

Orthopaedic trauma cases:

- Upper and lower limb fractures resulting from accidents
- Joint dislocation (shoulder, knee, elbow, ankle)
- Peri-articular injuries and occult fractures
- Post-traumatic stiffness, instability or mechanical symptoms
- Surgical and non-surgical trauma management reviews

Clinical negligence cases:

- Missed fractures (e.g scaphoid, neck of femur, tibial plateau, vertebral fractures)
- Delayed diagnosis leading to non-union malunion
- Missed ligament or tendon injuries
- Incorrect surgical technique
- Wrong implant choice or improper fixation
- Avoidable intraoperative complications
- Poor management of peri-operative care
- Inadequate post-operative instructions leading to complications
- Missed cervical or lumbar fractures

CONTACT

 enquiries@mlas.co.uk

 www.mlas.co.uk

 0114 245 5423

Haywood House Unit 1a Hydra Business Park
Nether Lane, Ecclesfield, Sheffield, S35 9ZX

MEDICO LEGAL EXPERIENCE:

Dr Shaikh is an experienced Trauma and Orthopaedic Surgeon and a highly regarded medico-legal expert with over two decades of clinical practice and extensive expert witness experience. He provides clear, evidence based reports across personal injury, clinical negligence and serious/catastrophic injury cases, drawing on his deep understanding of musculoskeletal trauma and injury mechanisms.

Dr Shaikh is the leading whiplash injury expert in the UK. He holds the distinction of being the only expert to have undergone advanced training in Whiplash Injury Biomechanics, honed over three years in the US under the tutelage of renowned expert Dr Arthur Croft. He is MedCo accredited, making him readily available for medico-legal reports in road traffic accident claims.

His expertise extends beyond low-velocity impacts, encompassing the full spectrum of complex whiplash injuries. Dr Shaikh provides invaluable support to law firms seeking to establish or strengthen their clinical negligence departments. He undertakes medical screening of their caseload and provides management framework to run clinical negligence cases effectively.

Since 2001 he has written over 25,000 personal injury reports and an annual caseload of approximately 1000, Dr Shaikh possesses a wealth of practical knowledge, with instructions received in approximately equal proportions from claimant and defendant solicitors, reflecting his reputation for balanced, independent and analytically robust opinion. He is MedCo-accredited, Bond Solon trained.

Known for his clarity, independence, and meticulous approach, Dr Shaikh is widely trusted by legal professionals for his ability to translate complex medical and biomechanical concepts into clear, court-ready opinions.

CLINICAL EXPERIENCE:

Dr Shaikh has extensive clinical experience across the full breadth of Trauma and Orthopaedic Surgery, with particular expertise in soft-tissue injuries, fracture management and whiplash-associated disorders. His practice spans acute trauma care, elective orthopaedics and specialised musculoskeletal assessment, enabling him to manage both complex surgical cases and subtle soft-tissue presentations with equal precision.

His professional journey started in India, where he qualified as a medical doctor and later on as an Orthopaedic Surgeon. He worked in various hospitals across Australia for several years before he moved to the UK.

Dr Shaikh's medical career in the NHS began in the town of Northampton, England. Whilst he immensely enjoyed working in the NHS, in 2005 set up his independent medico-legal practice

CONTACT

 enquiries@mlas.co.uk

 www.mlas.co.uk

 0114 245 5423

Haywood House Unit 1a Hydra Business Park
Nether Lane, Ecclesfield, Sheffield, S35 9ZX



providing expert opinion as a medico-legal expert to the accident victims, legal professions & Courts of Justice in the UK.

He has a keen interest in Healthcare Entrepreneurship, strategic planning and marketing as well as design thinking – he is a passionate mentor to a non-profit healthcare organisation serving underprivileged women of India and a strategic advisor to a telehealth start-up. He is an aspiring Non-Executive Director (NED) and is a member of the professional body of Non-Executives NEDonBoard in the UK and professionally trained in Corporate Governance and ethics.


PUBLICATIONS:

- On what appears to be his own medico-legal / expert-witness website, **Dr Shaikh** refers to writing on whiplash injury biomechanics and prognosis (for example, a post titled “Whiplash Injury – The science of Prognosis”).
- Historically, there is a record of a poster abstract at a conference: “Anterior knee pain after ACL reconstruction” (2001, ISAKOS Poster Abstracts) listing a “**Sahir Shaikh, MD**” among the authors

CONTACT

 enquiries@mlas.co.uk

 www.mlas.co.uk

 0114 245 5423

Haywood House Unit 1a Hydra Business Park
Nether Lane, Ecclesfield, Sheffield, S35 9ZX