



## MR PARV SAINS

MBCHB, LL.M (MED LAW), MD, FRCSED (GEN)

BILINGUAL: ENGLISH, PUNJABI

## CONSULTANT GENERAL, COLORECTAL & LAPAROSCOPIC SURGEON

### EXPERT INFORMATION

GMC No: 4195328

Claimant age: 18+

Report turnaround 4-6 weeks

Face to face

Remote

Home visits

Prison visits

Court experience

### REPORT RATIO




50% Claimant  
50% Defendant

### CONTACT

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 0114 245 5423



Medical & Legal  
Admin Services

Haywood House Unit  
1a Hydra Business Park  
Nether Lane  
Ecclesfield  
Sheffield  
S35 9ZX

## CURRENT ROLE:

### Consultant General and Colorectal Surgeon

Independent

### Medicolegal Lead

The Association of Surgeons of Great Britain and Ireland (ASGBI)

### Executive Officer

The Confederation of British Surgery

## CASES RELATING TO

- Abscess incision and drainage
- Anal fissure surgery
- Anal fistula surgery
- Appendectomy
- Bowel surgery, colostomy and ileostomy
- Change in bowel habits
- Closure of loop colostomy
- Closure of loop ileostomy surgery
- Colonic polyps
- Colonoscopy procedure
- Coloproctology
- Crohn's disease surgery
- Epigastric hernia repair
- Femoral hernia repair
- Flexible sigmoidoscopy
- Gallbladder removal surgery (cholecystectomy)
- Gallbladder/gallstones removal
- Haemorrhoidal artery ligation (HALO)
- Haemorrhoidectomy (piles surgery)
- Haemorrhoids
- Incisional hernia
- Laparoscopy (keyhole surgery) for gynaecological conditions
- Laparoscopic surgery
- Lipoma and cysts
- Medical law, medicolegal patients, and patient safety
- Open inguinal hernia surgery
- Rafaelo procedure for haemorrhoids
- Rectal bleeding
- Rectal prolapse surgery
- Reversal of Hartmann's procedure
- Sigmoid colectomy for diverticular disease
- Skin lesion removal surgery
- Sphincterotomy
- Umbilical hernia

## MEDICO LEGAL EXPERIENCE:

Mr Sains has undertaken work as an Expert Witness for over 10 years, covering breach of duty, causation, and condition and prognosis. He is regularly instructed on behalf of both Defendants and Claimants in personal injury and clinical negligence cases, providing independent, balanced and evidenced opinions. This has included giving oral expert witness evidence in Court.



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Mr Sains has extensive report writing experience and academic and practical applications of medical law. His training as an expert witness is underpinned by a Certificate in Civil Law and Procedure (Cardiff University/Bond Solon).

Mr Sains's previous posts included Governance Lead (departmental) and Medical Examiner (NHS Trust). He investigated a variety of medical incidents including 'never events' and 'serious incidents'. He is familiar with root cause analysis methodology and subsequent structured judgment review with the output of a concise report.

Mr Sains holds a Master of Laws in Medical Law (LLM), awarded from The University of Northumbria after the successful defence of a thesis entitled 'Is Bolam fit for the 21st Century? Institutional Factors and Exceptional Circumstances.' This involved the interrogation of the role of the expert witness in terms of its importance and limitations as applied to the tests of negligence in the current healthcare climate. The formal modules of the LLM covered the entire breadth of medical law and the dissertation provided a rich base of knowledge regarding standards of care and the tests of negligence, as well as the role of guidelines and evidence.

He has also recently been added onto the GMC Expert Witness Panel.

## CLINICAL EXPERIENCE:

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Mr Parv Sains is a Consultant General Surgeon with a specialist interest in Coloproctology, Laparoscopic Surgery and Colonoscopy.

Having qualified from the University of Birmingham Medical School in 1995 and completed his pre-registration year in Birmingham, he then spent a year as a senior house officer followed by the post of Demonstrator in Anatomy at Birmingham Medical School. Mr Sains was then appointed to the Kingston Hospital, Kingston Upon Thames, Surrey SHO training rotation for two years followed by a year at The Royal Surrey County Hospital, Guilford as a Senior SHO in General Surgery. This was followed by his appointment to the South West Thames Higher Surgical Training Rotation for six years, with the privilege of rotating through, St Thomas' Hospital, Mayday Hospital, Kingston Hospital, St Helier Hospital, St Peters Hospital, Frimley Park Hospital and St Georges Hospital.

Throughout this training, Mr Sains has gained a wide surgical experience alongside focused general and colorectal laparoscopic experience. This was further augmented by spending two years out of region training at Imperial College, St Mary's Hospital, Paddington, London in a Laparoscopic Fellow post, where he completed a Doctorate in Medicine (MD) in surgical robotics as well as gaining experience in surgical technology, future technologies and Minimally Invasive Surgery. Mr Sains' final period of training was at Frimley Park Hospital as a Post-CCT Laparoscopic Fellow in General and Colorectal Surgery.

Mr Sains was appointed as a Consultant at The Western Sussex Hospitals Trust Worthing Hospital in December 2009, and he commenced his post in May 2010. He now undertakes a variety of procedures including hernia repair, colorectal laparoscopic and open resections for malignant and benign disease as well as performing endoscopy and colonoscopy, with a keen interest in performing day-case surgery. Mr Sains also undertakes proctology procedures, such as treatment of haemorrhoids, on a day-case basis.