

DR MATTHEW BEADMAN

BABCP Accredited CBT Therapist DCLINPSY, MSC, BSC, MEWI HCPC REG: PYL31148 **Rethink Health** (2021 - Present) Remedy Healthcare UK (2016 - Present)

EXPERT INFORMATION

SPECIALIST AREAS:

- Assessment of psychological and emotional difficulties arising from major trauma
- **Critical illness**
- Personal injury and cardiac illness

CASES ACCEPTED: Claimant age: 18+

Clinical assessments \square **Remote assessments**

Home visits

Prison visits Criminal cases

Screening reports

Desktop reports Family cases*

REPORT TURNAROUND



*Case-by-case

EXPERT RATIO







*Annual report from 2024





VENUES:



CONTACT

enquiries@mlas.co.uk



www.mlas.co.uk

Nationwide

FURTHER INFO:

Court experience Bond Solon trained Legal aid (LAA) **Personal Injury Clinical Negligence:**

- Causation
- Liability
- **Breach of Duty**
- **Condition & Prognosis**





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CASES RELATING TO:

Dr Beadman specialises in the assessment and treatment of psychological and emotional difficulties resulting from:

- Personal injury
- Major trauma, including limb loss
- Cardiac illness and critical illness (e.g. ICU admission)
- The psychological impact of working in healthcare and other high-stress, potentially traumatic environments

Dr Beadman's particular expertise in assessing:

- Trauma and stress-related disorders, including Post-traumatic stress disorder (PTSD)
- Anxiety disorders
- Adjustment disorders
- Depression and mood-related conditions
- Chronic pain and the psychological effects of long-term physical health conditions

Dr Beadman offers specialist psychological assessment, formulation, treatment, and clinical supervision. His approach is grounded in evidence-based psychological treatment approaches, including:

- Trauma-focused cognitive behavioural therapy (TF-CBT)
- Eye movement desensitization and reprocessing (EMDR)
- Acceptance and commitment therapy (ACT)
- Compassion focused therapy (CFT)

MEDICO LEGAL EXPERIENCE:

Dr Beadman specialises in assessing and treating psychological and emotional difficulties arising from personal injury, critical illness or ICU admission, major trauma and cardiac conditions, including PTSD and other emotional disorders.

He works exclusively with individuals who have experienced significant trauma, life-changing injuries, intensive care admissions and serious cardiac illness. Dr Beadman has completed the Bond Solon Excellence in Report Writing and is a full member of the Expert Witness Institute. He is instructed by both Claimants and Defendants, providing expert opinions on causation, condition, and prognosis.

CONTACT



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CLINICAL EXPERIENCE:

Dr Beadman has developed and led clinical psychology services across a range of NHS settings, including chronic pain, cardiac care, intensive care, major trauma and musculoskeletal rehabilitation. He achieved consultant clinical psychologist grade within the NHS. He has coauthored book chapters, national reports, and guidelines focusing on the psychological management of hospitalised patients.

He continues to work exclusively within these clinical areas, applying psychological science and behavioural theory to assess and treat psychological barriers to optimal rehabilitation outcomes within a busy independent practice, offering both treating clinician and expert witness services.

PUBLICATIONS:

Selected publications:

- King, H., Latimer-Sayer KC, W., Corby, G., Solon, M., Moore, S., Herman, D., Ramanuj, P., Brewin, C., Greenberg, N., & **Beadman, M**. How to Reduce the Re-Traumatisation of Claimants in Medico-Legal Litigation Claims.
- Highfield, J., Beadman, M., & Wade, D. (2024). Psychology: Person? Centred Care a Key to Successful Recovery. Passport to Successful Outcomes for Patients Admitted to ICU. Springer.
- Beadman, M., & Carraretto, M., (2021). Key elements of an evidence-based clinical psychology service in adult critical care. Journal of the Intensive Care Society
- Beadman, M., Highfield, J., Wade, D., Ford, D., Scott, Z., & Wood, F. (2021). The health of intensive care unit teams: moving beyond a trauma focus. Occupational Medicine, 71 (8), 386-
- Sinclair, M., & Beadman, M. (2016) The Little ACT Workbook. An Introduction to Acceptance and Commitment Therapy. Crimson









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