



DR MATTHEW BEADMAN

DCLINPSY, MSC, BSC

CONSULTANT CLINICAL PSYCHOLOGIST

EXPERT INFORMATION

HCPC Reg: PYL31148

Claimant age: 18+

Report turnaround 3-4 weeks

Face to face assessments

Remote assessments

EXPERT RATIO



70% Claimant
30% Defendant



50% Clin Neg
50% PI

CONTACT

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CURRENT ROLE:

Consultant Clinical Psychologist

Rethink Health

(Jan 2021 - Present)

Consultant Clinical Psychologist

Remedy Healthcare UK

(Aug 2016 - Present)

CASES RELATING TO

- Assessment and treatment of psychological and emotional difficulties arising from personal injury, major trauma and critical illness
- Cardiac illness
- A specialist in the assessment and treatment of trauma and stressor related disorders, including Post Traumatic Stress Disorder (PTSD)
- Musculoskeletal rehabilitation including limb loss
- Anxiety and adjustment disorders
- Depression
- Chronic pain
- Psychological and emotional effects associated with working in healthcare during the pandemic
- Cognitive Behavioural Therapy (CBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Acceptance and Commitment Therapy (ACT)
- Compassion Focused Therapy (CFT)

MEDICO LEGAL EXPERIENCE:

Dr Beadman specialises in assessing and treating psychological and emotional difficulties arising from personal injury, critical illness or ICU admission, major trauma, and cardiac conditions, including PTSD and other emotional disorders. He works exclusively with individuals who have experienced significant trauma, life-changing injuries, intensive care admissions, and serious cardiac illness.



Dr Beadman has completed a range of training through Bond Solon and is a full member of the Expert Witness Institute. He is instructed by both Claimants and Defendants, providing expert opinions on causation, condition, and prognosis.

Dr Beadman's areas of specialism include:

- The assessment and treatment of psychological and emotional difficulties arising from personal injury, major trauma, cardiac illness and intensive care admission
- Specialist experience in the psychological assessment, formulation and treatment of trauma- and stressor- related disorders, including Post Traumatic Stress Disorder (PTSD)



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- The assessment, formulation and treatment of anxiety, mood and adjustment disorders
- The psychological formulation and management of chronic pain and other long term health conditions
- The assessment, formulation and management of psychological stressors associated with working in healthcare and other high impact, potentially traumatic occupational contexts
- Dr Beadman provides specialist assessment, formulation, treatment and clinical supervision services within the following evidence-based psychological treatment models: Trauma-focused Cognitive Behavioural Therapy (TF-CBT), Eye Movement Desensitization and Reprocessing (EMDR), Compassion Focused Therapy (CFT) and Acceptance and Commitment Therapy (ACT).

CLINICAL EXPERIENCE:

Dr Beadman has developed and led clinical psychology services across a range of NHS settings, including chronic pain, cardiac care, intensive care, major trauma, and musculoskeletal rehabilitation. He achieved consultant clinical psychologist grade within the NHS. He has co-authored book chapters, national reports, and guidelines focusing on the psychological management of hospitalized patients. He continues to work exclusively within these clinical areas, applying psychological science and behavioural theory to assess and treat psychological barriers to optimal rehabilitation outcomes within a busy independent practice, offering both treating clinician and expert witness services.

Selected publications:

King, H., Latimer-Sayer KC, W., Corby, G., Solon, M., Moore, S., Herman, D., Ramanuj, P., Brewin, C., Greenberg, N., & Beadman, M. How to Reduce the Re-Traumatization of Claimants in Medico-Legal Litigation Claims.

Highfield, J., Beadman, M., & Wade, D. (2024). Psychology: Person-Centred Care a Key to Successful Recovery. Passport to Successful Outcomes for Patients Admitted to ICU. Springer.

Beadman, M., & Carraretto, M., (2021). Key elements of an evidence-based clinical psychology service in adult critical care. Journal of the Intensive Care Society

Beadman, M., Highfield, J., Wade, D., Ford, D., Scott, Z., & Wood, F. (2021). The health of intensive care unit teams: moving beyond a trauma focus. Occupational Medicine, 71 (8), 386-387

Sinclair, M., & Beadman, M. (2016) The Little ACT Workbook. An Introduction to Acceptance and Commitment Therapy. Crimson

