



DR LAURA BINSALE

PRINCIPAL CLINICAL PSYCHOLOGIST

BSC, DCLINPSY, CPSYCHOL

HCPC: PYL34653

Liverpool University Hospital Foundation Trust
(2013 -Present)
Private practice
(2018 - Present)



EXPERT INFORMATION

SPECIALIST AREAS:

- Complex mental health difficulties
- Women's health
- Gastrointestinal disorders
- Post-Traumatic Stress Disorder

CASES ACCEPTED:

Claimant age: 14+

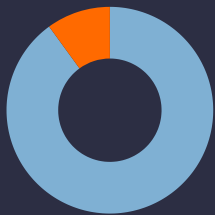
Clinical assessments
Remote assessments
Home visits
Prison visits
Criminal cases
Screening reports
Desktop reports
Family cases



SCAN ME



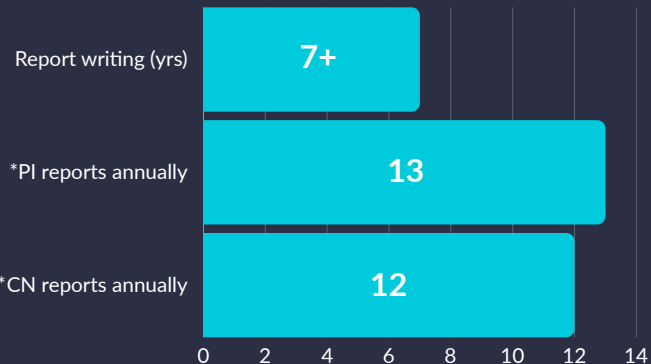
EXPERT RATIO



CLAIMANT 80%
DEFENDANT 20%



CLIN NEG 35%
PI 65%



*Annual report from 2024

VENUES:



The Chesters Centre, Liverpool, L18 5EJ
Manchester Physio, Sale Clinic, Salford, M33 7DZ

FURTHER INFO:

Court experience
Health and Care Professions Council
Personal Injury
Legal aid (LAA)*
Fixed Fee*
Weekend/evening appointments
NHS contracted
Clinical Negligence:

- Causation
- Liability
- Breach of Duty
- Condition & Prognosis



*Case-by-case

CONTACT

✉ enquiries@mlas.co.uk

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Medical & Legal
Admin Services



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CASES RELATING TO:

Clinical negligence assessments:

- Psychological injury related to delayed diagnosis and/or treatment (medical and dental):
 - Delay in diagnosis of Dermatofibrosarcoma Protuberans (DFSP)
 - Delay in diagnosis of periodontitis resulting in teeth loss
- Gastrointestinal disorders (inflammatory and structural):
 - Chronic pain and visceral hypersensitivity
 - Medically unexplained gastrointestinal symptoms (MUS)
 - Eating-related gastrointestinal dysfunction (secondary to anxiety or trauma)
 - Post-surgical adjustment and psychological recovery
 - Functional and psychosomatic disorders
 - Impact of trauma, stress, and adverse life events on gastrointestinal function
- Gastrointestinal surgical treatments
- Women's health:
 - Maternity care
 - Fertility difficulties
 - Delayed diagnosis and treatment of endometriosis
 - Perinatal period
 - Gynaecology
- Traumatic birth experience:
 - Failure to recognise high risk status during pregnancy
 - Delay in escalation during labour and delivery
 - Miscarriages
 - Ectopic pregnancy

Psychological interventions:

- Cognitive Behavioural Therapy (CBT)
- Trauma-Focused Cognitive Behaviour Therapy (TF-CBT)
- Compassion Focused Therapy (CFT)
- Eye Movement Desensitisation Reprocessing (EMDR) Therapy
- Specialist assessment of complex mental health difficulties
- Occupational stress
- Workplace bullying and discrimination
- Road traffic accidents
- Work-related accidents
- Corporate negligence
- Psychological injury following:
 - Broken bones
 - Amputation
 - Soft tissue injury
 - Permanent foot drop
 - Chemotherapy
 - Nerve damage
 - Meniscal tear
 - Chronic fatigue syndrome
 - Infections post decompression surgery
 - Visible and permanent scarring post-surgery
- Complex mental health difficulties:
 - Severe depressive disorders
 - Post-Traumatic Stress Disorder (PTSD and C-PTSD)
 - Bipolar affective disorder
 - Adjustment disorder
 - Anxiety disorder
- Bereavement, loss, and traumatic grief following medical or surgical events

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MEDICO LEGAL EXPERIENCE:

Dr Binsale is a Principal Clinical Psychologist and an Expert Witness, with over seven years of experience providing comprehensive medico legal opinion and psychological assessment in both clinical negligence and personal injury matters. She has prepared in excess of 50 expert reports, instructed by claimants and defendants, and is recognised by her balanced, evidence-based, and well-reasoned opinions.

Her medico-legal practice encompasses opinion on causation, condition and prognosis, breach of duty, and liability, integrating clinical formulation, psychometric assessment, and critical review of medical evidence. Dr Binsale specialises in psychological trauma and complex mental health difficulties, with particular expertise in women's health and functional gastrointestinal disorders. This includes work involving traumatic birth experiences, perinatal and gynaecological trauma, and the psychological sequelae of inflammatory or structural gastrointestinal conditions.

Over the past seven years, Dr Binsale has been instructed to provide expert opinion in a wide range of complex cases, including Complex Post-Traumatic Stress Disorder (C-PTSD), psychological injury arising from surgical complications, and the psychological impact of delayed diagnosis and medical negligence, such as periodontitis resulting in tooth loss and delays in diagnosing cancers. Her work also extends to cases involving occupational stress, trauma following road traffic or workplace accidents, and the psychological effects of visible or permanent scarring.

Dr Binsale is known for her thorough, analytical, and transparent approach to expert reporting, ensuring that opinions are clear, substantiated, and compliant with Civil Procedure Rules (CPR Part 35). She is experienced in working collaboratively with legal professionals and medical experts and is able to provide oral evidence in court when required.

CLINICAL EXPERIENCE:

Dr Binsale is a Principal Clinical Psychologist with over a decade of experience working within the NHS and private practice settings. She has been employed by the NHS since 2013 and currently holds a senior post at the Liverpool University Hospitals NHS Foundation Trust, in addition to providing independent psychological services through private practice.

In her current NHS role, Dr Binsale provides specialist psychological assessment, formulation, and intervention for adults experiencing psychological distress associated with complex physical health conditions, including inflammatory and functional gastrointestinal disorders and post-surgical adjustment. Her work integrates evidence-based approaches such as Cognitive Behavioural Therapy (CBT), Compassion Focused Therapy (CFT), and Eye Movement Desensitisation and Reprocessing (EMDR) to support recovery, adjustment, and improved quality of life.

She is also involved in service development and evaluation, contributing to initiatives that enhance psychological support for patients with chronic health conditions. Dr Binsale provides clinical supervision to psychologists, trainees, and members of the wider multidisciplinary team, supporting reflective practice and adherence to professional standards.

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Dr Binsale graduated with a Doctorate in Clinical Psychology (DClinPsy) in 2017, having completed specialist placements within the East Wirral Child and Adolescent Mental Health Service (CAMHS) in 2015 and the Specialist Learning Disabilities Service in 2016. Her broad clinical training has provided a foundation in lifespan assessment and complex mental health presentations.

In addition to her clinical work, Dr Binsale contributes to research, teaching, and training in her specialist areas, with a particular focus on the interaction between physical health and psychological wellbeing. She regularly delivers teaching sessions for NHS staff and trainees on psychological approaches to chronic illness, trauma-informed care, and compassion-focused interventions.

Dr Binsale is a registered practitioner with the Health and Care Professions Council (HCPC) and adheres to its professional and ethical standards, she can also provide oral evidence in court when required.

PUBLICATIONS:

Self-concept clarity, mental health difficulties and psychological distress: a systematic review, Laura Binsale, William Sellwood, Phil Preston,
<https://www.crd.york.ac.uk/PROSPERO/view/CRD42016052148>

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