



DR ANTHONY NEWTON

CHARTERED COUNSELLING PSYCHOLOGIST & PSYCHOTHERAPIST

BSC, PG DIP, DCPSYCH

HCPC: PYL039626

Unmind

(2023 - 2024)

Health Partners

(2025 - Present)

Private Therapy Clinic

(2021 - Present)

EXPERT INFORMATION

SPECIALIST AREAS:

- Complex trauma
- PTSD
- Immigration & Asylum
- Neurodivergent presentations

CASES ACCEPTED:

Claimant age: 17+

Clinical assessments
Remote assessments
Home visits
Prison visits
Criminal cases
Screening reports
Desktop reports
Family cases



SCAN ME



EXPERT RATIO



CLAIMANT 40%
DEFENDANT 40%
JOINT 20%



CLIN NEG 50%
PI 50%

Reporting writing (yrs)

3

*PI reports annually

6

*CN reports annually

6

0 1 2 3 4 5 6

*Annual report from 2024

VENUES:



Charterhouse Clinic, London, W1H 2HL

FURTHER INFO:

Court experience
Bond Solon trained
Legal aid (LAA)
Personal Injury
Clinical Negligence:
• Causation
• Liability
• Breach of Duty
• Condition & Prognosis



CONTACT

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Medical & Legal
Admin Services



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CASES RELATING TO:

- Sleep disorders
- ADHD
- Attention deficit disorder (ADD)
- Post-traumatic stress disorder (PTSD)
- Obsessive compulsive disorder (OCD)
- Cognitive behavioural therapy (CBT)
- Personality disorder
- Anxiety disorders:
 - General anxiety disorder (GAD)
 - Panic disorder
 - Social anxiety (Social phobia)
 - Health anxiety (Hypochondriasis)
- Depression & mood disorders
- Loss/grief
- Adjustment disorder
- Emotional & cognitive impact of long COVID
- Self-harm
- Substance abuse
- Psychological effect of childhood trauma & abuse
- Occupational stress & burnout
- Workplace psychological injury & stress claims
- Road traffic accident (RTA)
- Eye Movement Desensitisation and Reprocessing therapy (EMDR)
- Chronic pain & psychosomatic conditions
- Chronic regional pain syndrome (CRPS)
- Amputations
- Fibromyalgia
- Women's health:
 - Traumatic birth experience
 - Maternity care
 - Perinatal period
 - Gynaecology

MEDICO LEGAL EXPERIENCE:

Dr Newton is a Chartered Counselling Psychologist & Psychotherapist and an Expert Witness. He has over three years' experience as a medico-legal expert.

Dr Newton has extensive experience with a wide range of client groups including adults presenting with trauma, anxiety, mood disorders, personality difficulties, and culturally complex issues. His compassionate, structured, and psychologically informed approach to assessment, ensures that each report is clinically grounded and tailored to the legal question at hand.

He is instructed on behalf of both Claimants and Defendants and will accept clinical negligence and personal injury cases.

Dr Newton is happy to opine on causation, condition and prognosis, breach of duty and liability.

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CLINICAL EXPERIENCE:

Dr Newton has over 13 years of experience supporting psychological wellbeing across NHS, private and third sector settings. He is passionate about helping individuals working through life's challenges and create meaningful change.

Dr Newton has a broad background within the NHS, specialises in delivering evidence-based psychological interventions to diverse populations. His approach is tailored to individual needs working across a range of issues including depression, anxiety, trauma, OCD, grief, bereavement, sleep difficulties and personality disorders. He offers both short-term structured therapies and longer-term psychodynamic work based on client goals and preferences.

Dr Newton is also skilled in integrating clinical expertise into health tech platforms to improve accessibility and promote employee wellbeing. As a BPS-registered Media Psychologist, he actively engages in public-facing work bridging the gap between clinical psychology, digital health innovation and workplace mental health.

Alongside Dr Newton's clinical work, he is deeply committed to making psychology more accessible and impactful at scale. At Unmind he played a key role in shaping workplace mental health initiatives developing evidence-based strategies, leading global wellbeing webinars and collaborating with clients including Uber, Disney, Estee Lauder, SCB and the AFL.

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