



# DR ANTHONY NEWTON

CHARTERED COUNSELLING PSYCHOLOGIST & PSYCHOTHERAPIST

BSC, PG DIP, DCPSYCH

HCPC: PYL039626

Unmind

(2023 - 2024)

Health Partners

(2025 - Present)

Private Therapy Clinic

(2021 - Present)

## EXPERT INFORMATION

### SPECIALIST AREAS:

- Complex trauma
- PTSD
- Immigration & Asylum
- Neurodivergent presentations

### CASES ACCEPTED:

Claimant age: 17+

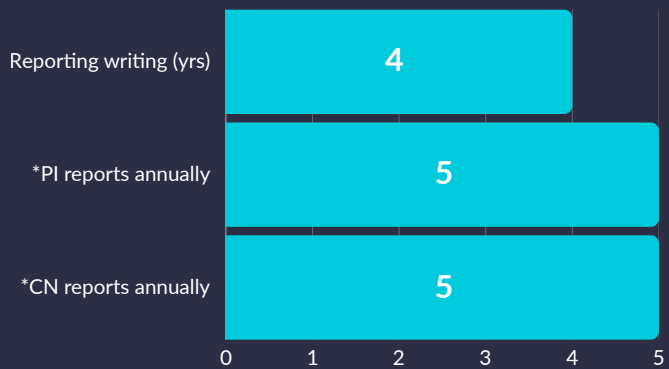
- Clinical assessments
- Remote assessments
- Home visits
- Prison visits
- Criminal cases
- Screening reports
- Desktop reports
- Family cases



### SCAN ME



## EXPERT RATIO



\*Annual report from 2025

## VENUES:



- Remote

## FURTHER INFO:

- Court experience
- Bond Solon trained
- Legal aid (LAA)
- Weekend/evening appointments
- Personal Injury
- Clinical Negligence:
  - Causation
  - Liability
  - Breach of Duty
  - Condition & Prognosis

### CONTACT

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Haywood House Unit 1a Hydra Business Park  
Nether Lane, Ecclesfield, Sheffield, S35 9ZX





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BSC, MSc, DCPSYCH

## CASES RELATING TO:

*Personal injury and clinical negligence relating to:*

- **Sleep disorders:**
  - Acute/chronic insomnia
  - Irregular sleep-wake rhythm
  - Sleep disturbances associated with mental health conditions
  - Nightmare disorder
  - Stress-related night terrors
- **Anxiety disorders:**
  - General anxiety disorder (GAD)
  - Obsessive-compulsive disorder (OCD)
  - Panic disorder
  - Social anxiety (Social phobia)
  - Health anxiety (Hypochondriasis)
- **Personality disorders:**
  - Paranoid personality disorder
  - Borderline personality disorder (BPD)
- **Neurodiversity-related psychology:**
  - Attention-deficit/hyperactivity disorder (ADHD)
  - Attention deficit disorder (ADD)
- **Mood disorders:**
  - Major depressive disorder (MDD)
  - Bipolar spectrum
  - Seasonal Affective Disorder (SAD)
- **Trauma and stress-related disorders:**
  - Post-traumatic stress disorder (PTSD)
  - Adjustment disorder
  - Road traffic accident (RTA)
  - Occupational stress & burnout
  - Psychological effects of childhood trauma and abuse
- **Women's health:**
  - Traumatic birth experience
  - Maternity care
  - Perinatal period
  - Gynaecology
- **Health psychology:**
  - Emotional and cognitive impact of long COVID
  - Amputations
  - Fibromyalgia
  - Chronic Regional Pain Syndrome (CRPS)
  - Chronic pain & psychosomatic conditions
- **Other:**
  - Cognitive behavioural therapy (CBT)
  - Loss/grief
  - Self-harm
  - Substance abuse
  - Eye Movement Desensitisation and Reprocessing therapy (EMDR)

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## MEDICO LEGAL EXPERIENCE:

Dr Anthony Newton is a Chartered Counselling Psychologist & Psychotherapist and an Expert Witness. He has over four years' experience as a medico-legal expert and accepts instructions from both claimants and defendants in cases relating to personal injury, clinical negligence, breach of duty, and causation.

Dr Newton has extensive experience with a wide range of client groups, including adults presenting with anxiety, mood disorders, personality difficulties, and culturally complex issues. He has particular specialist knowledge of cases involving PTSD, complex trauma, and adults presenting neurodivergent presentations.

His compassionate, structured, and psychologically informed approach to assessment ensures that each report is clinically grounded and tailored to the legal questions at hand.

Dr Newton has previous court experience and continues to be available to provide oral evidence in court when required.

## CLINICAL EXPERIENCE:

Dr Newton has over 13 years of experience supporting psychological wellbeing across NHS, private and third sector settings. He is passionate about helping individuals work through life's challenges and create meaningful change.

Dr Newton has a broad background within the NHS and specialises in delivering evidence-based psychological interventions to diverse populations. His approach is tailored to individual needs, working across a range of issues including depression, anxiety, trauma, OCD, grief, bereavement, sleep difficulties and personality disorders. He offers both short-term structured therapies and longer-term psychodynamic work based on client goals and preferences.

Dr Newton is also skilled in integrating clinical expertise into health tech platforms to improve accessibility and promote employee wellbeing. As a BPS-registered Media Psychologist, he actively engages in public-facing work bridging the gap between clinical psychology, digital health innovation and workplace mental health.

Alongside Dr Newton's clinical work, he is deeply committed to making psychology more accessible and impactful at scale. At Unmind, he played a key role in shaping workplace mental health initiatives, developing evidence-based strategies, leading global wellbeing webinars and collaborating with clients including Uber, Disney, Estee Lauder, SCB and the AFL.

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 **Medical & Legal  
Admin Services**