



# MS ANDREA HEMINGWAY

PHYSIOTHERAPIST

BSC (HONS), MSC, PDGE, MCSP

HCPC: PH50521

NHS England Lay Representative  
(2020 - Present)

Unite Professionals  
(2025 - Present)



## EXPERT INFORMATION

### SPECIALIST AREAS:

- Complex orthopaedic
- Musculoskeletal
- Rehabilitation

### CASES ACCEPTED:

Claimant age: 12+

- ✓ Clinical assessments
- ✓ Remote assessments
- ✓ Home visits
- ✓ Prison visits
- ✓ Criminal cases
- ✓ Screening reports
- ✓ Desktop reports
- ✓ Family cases\*

\*Case-by-case



### SCAN ME



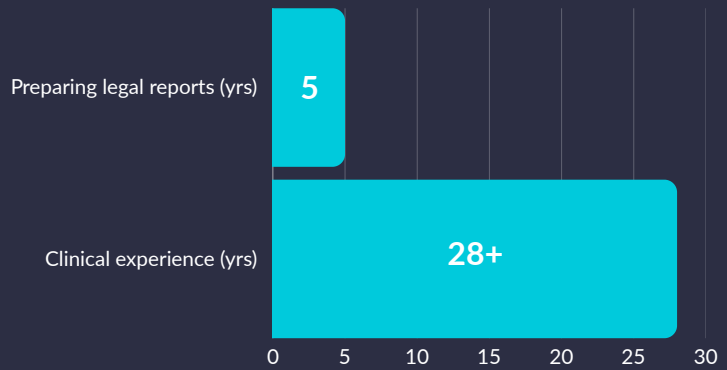
## EXPERT RATIO



CLAIMANT 50%  
DEFENDANT 50%



CLIN NEG 50%  
PI 50%



\*Annual report from 2024



## VENUES:



- Insight Centre Therapy, Leeds, LS8 4HA
- Calderbank Medical Chambers, Manchester M20 3QD
- Park View Medical Clinic, Middlesbrough TS4 2NS
- Physiotherapy Matters, Newcastle upon Tyne, NE3 3LU
- Ambulant Physiotherapy, Preston PR2 3PS
- Parkhead Consultancy, Sheffield S11 9PU
- Balanced Life Physiotherapy, Skipton, BD23 1NL

## FURTHER INFO:

- Court experience
- Bond Solon trained in progress
- Legal aid (LAA)
- Fixed fee cases\*
- Weekend and evening appointments\*
- Personal Injury
- Clinical Negligence:
  - Causation
  - Liability
  - Breach of Duty
  - Condition & Prognosis

\*Case-by-case

### CONTACT

enquiries@mlas.co.uk

www.mlas.co.uk

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Haywood House Unit 1a Hydra Business Park  
Nether Lane, Ecclesfield, Sheffield, S35 9ZX





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## CASES RELATING TO:

*Personal injury and clinical negligence relating to:*

### **Musculoskeletal injury**

- Soft tissue injuries
  - Sprain
  - Strain
  - Contusion
- Joint dysfunction and reduced range of motion
- Post-fracture rehabilitation status
- Post-surgical functional recovery
- Injury mechanism as it relates to biomechanical plausibility

### **Functional impairment**

- Physical impairments
  - Strength
  - Endurance
  - Mobility
- Activity limitations
  - Walking
  - Lifting
  - Transfers
- Participation restrictions
  - Work
  - Activities of daily living
  - Sport

### **Treatment and rehabilitation**

- Physiotherapy interventions provided
- Response to treatment
- Compliance and attendance
- Progression or plateau in recovery
- Ongoing rehabilitation requirements
- Prognosis for functional improvement
- Pelvic injuries following accidents
- Complex shoulder repair
- Knee and spinal injury

### **Occupational capacity**

- Fitness to work
- Functional capacity in relation to job demands
- Return to work readiness
- Temporary or permanent work restrictions
- Ergonomic considerations (within physiotherapy expertise)

### **Disability and capacity assessments**

- Physical capacity and limitations
- Functional consistency and reliability
- Impact of injury on daily functioning
- Objective vs subjective findings
- Rehabilitation potential

### **Standards of physiotherapy care**

- Appropriateness of physiotherapy management
- Adherence to accepted physiotherapy practice
- Rehabilitation-related contribution to outcome
- Delays or deficiencies in physiotherapy delivery

### **Chronic pain and long-term conditions**

- Functional impact of chronic pain
- Physical limitations attributable to condition
- Capacity for self-management
- Rehabilitation goals and outcomes

### **Sports related injuries**

- Injury mechanism and functional consequences
- Rehabilitation course
- Return-to-play readiness
- Performance-related functional deficits

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## MEDICO LEGAL EXPERIENCE:

Ms Hemingway is a Chartered Physiotherapist with over 28 years' clinical experience in musculoskeletal, orthopaedic, trauma and rehabilitation practice. She has worked extensively across NHS, private practice and elite sport settings, managing complex injuries and post-surgical rehabilitation. Her expertise has gained her to work with several elite sporting organisations.

Ms Hemingway acts as an independent medico-legal expert, accepting instructions from both Claimant and Defendant. She provides expert opinion in personal injury and related matters, with particular expertise in the assessment of injury, functional impairment, rehabilitation needs and prognosis. Her reports address causation, condition and future treatment requirements within the scope of physiotherapy expertise, and are prepared in accordance with the duties of an expert to the court.

She has undertaken the Bond Solon Expert Report Writing and Court Room Skills course to further enhance her medico-legal skills and is an active member of the Medico Legal Association of Chartered Physiotherapists (MLACP).

Ms Hemingway is a member of the Medico-Legal Association of Chartered Physiotherapists (MLACP) and undertakes regular medico-legal training, including expert report writing and court-compliant practice. She is recognised for producing clear, balanced and objective reports grounded in detailed clinical assessment and evidence-based rehabilitation principles. Ms Hemingway has demonstrated a proven track record across professional sport, the legal and the pharmaceutical/medical industries.

## CLINICAL EXPERIENCE:

Ms Hemingway qualified from Manchester University in 1996 and completed her early clinical training at Salford Royal Infirmary, where she gained experience treating patients with neurological, respiratory, and musculoskeletal conditions.

Her career spans both NHS and elite sporting environments, having worked with professional and Olympic level athletes. Ms Hemingway has provided physiotherapy services to Burnley Football Club, Wigan Warriors and Huddersfield Giants Rugby League Clubs, The Lawn Tennis Association, and the English Institute of Sport supporting UK Olympic and Paralympic athletes.

Her clinical background also includes sports physiotherapy, managing injury rehabilitation and return-to-performance across a range of sporting populations. She applies biomechanical analysis and evidence-based rehabilitation principles to guide safe return to activity.

She has worked in a private practice and developed specialist expertise in orthopaedic rehabilitation, particularly following upper limb and complex shoulder surgery.

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She has worked closely with shoulder surgeons, developing rehabilitation programmes after complex shoulder repair.

Ms Hemingway has worked as a Fitness to Practice Partner with the Health and Care Professions Council (HCPC) for the past seven years. She has an in-depth knowledge of physiotherapy professional standards, conduct and the regulatory framework of physiotherapy and is able to utilise this knowledge when reviewing professional practice.

In 2001, as part of her Master's degree in Sports Injury and Therapy at Manchester Metropolitan University, her research project led to a presentation at a conference; her paper, 'Changes in muscle strength and pain in response to surgical repair of posterior abdominal wall disruption followed by rehabilitation' was published in the British Journal of Sports Medicine in 2003.


## PUBLICATIONS

**Hemingway, AE**, Herrington, L and Blower A (2003) Changes in muscle strength and pain in response to surgical repair of posterior abdominal wall disruption followed by rehabilitation. British Journal of Sports Medicine. 37:54-58

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