



# MR FIRAS ARNAOUT

CONSULTANT TRAUMA & ORTHOPAEDICS SURGEON

MD, MSc, EBOT, FRCS (TR & ORTH)

GMC NO: 6042472

Practice Plus Group  
(2020 - Present)



## EXPERT INFORMATION

### SPECIALIST AREAS:

- Lower limb reconstruction
- Joint arthroplasty
- Hip and knee replacement/surgery

### CASES ACCEPTED:

Claimant age: All

- Clinical assessments
- Remote assessments
- Home visits
- Prison visits
- Criminal cases
- Screening reports
- Desktop reports
- Family cases\*

\*Case-by-case

### BILINGUAL:

- ✿ English
- ✿ Arabic

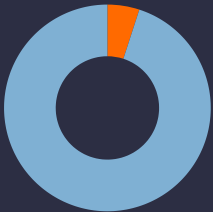
### SCAN ME



## EXPERT RATIO



CLAIMANT **50%**  
DEFENDANT **50%**



CLIN NEG **20%**  
PI **80%**

Clinical experience (yrs)

10+

Reporting writing (yrs)

10+

0 2 4 6 8 10



## VENUES:



- Farrier House Medical Centre, Worcester, WR1 3BH

## FURTHER INFO:

- Court experience
- Bond Solon trained
- Legal aid (LAA)\*
- Personal Injury
- Clinical Negligence:
  - Causation
  - Liability
  - Breach of Duty
  - Condition & Prognosis

\*Case-by-case

### CONTACT

✉ enquiries@mlas.co.uk

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Haywood House Unit 1a Hydra Business Park  
Nether Lane, Ecclesfield, Sheffield, S35 9ZX



Medical & Legal  
Admin Services



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## CASES RELATING TO:

*Personal injury and clinical negligence relating to:*

### Hip injury:

- Osteoarthritis (OA) (hip and knee)
- Bursitis
- Muscle strain
- Hip fracture
- Sciatica
- Osteonecrosis (Avascular necrosis)
- Hip pain
- Hip replacement

### Knee injury:

- Meniscus tear
- Patellar tendonitis
- Knee pain
- Knee replacement

### Hand & wrist injury:

- Carpal tunnel syndrome (CTS)
- De quervain's tenosynovitis
- Trigger finger
- Ganglion cyst
- Arthritis
- Fracture or break
- Raynaud's phenomenon
- Hand and wrist pain

### Other injuries related to:

- Complex open fractures
- Rib fracture fixation
- Polytrauma
- Hypermobility joints
- Hypothermia
- Metatarsalgia
- Orthopaedic sport's medicine
- Stress fractures
- Cauda Equina Syndrome (CES)
- Whiplash-related issues
- Pelvic injury/fracture

### Elbow injury:

- Tennis elbow
- Golfer's elbow
- Fracture
- Ulnar nerve entrapment
- Elbow arthritis
- Elbow pain

### Foot and ankle injury:

- Plantar fasciitis
- Achilles tendonitis
- Morton's neuroma
- Gout
- Hammertoe
- Bunion (Hallux valgus)
- Ingrown toenail
- Subtalar arthroscopy
- Ankle arthroscopy
- Hallux Valgus surgery
- Soft tissue injury to ankle
- Foot and ankle injury

### Shoulder injury:

- Muscle injury
- Frozen shoulder
- Shoulder impingement
- Tendonitis
- Shoulder arthritis
- Fractures and dislocations
- Shoulder pain

### Lower limb injury:

- Distal femur
- Tibial plateau
- Tibia
- Complex ankle
- Calcaneus
- Midfoot
- Missed fracture

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## MEDICO LEGAL EXPERIENCE:

Mr Firas Arnaout is a Consultant Orthopaedic Surgeon with a specialist interest in trauma and elective lower limb surgery. He has over a decade of experience as a medico-legal expert and has completed the Bond Solon Expert Report Writing course, ensuring a high standard of compliance, professionalism, and presentation in all expert witness reports.

He is regularly instructed by both claimants and defendants in cases relating to personal injury, clinical negligence, causation, condition and prognosis, breach of duty, and liability. He covers a wide range of cases, including, but not limited to, hip and knee replacements, stress fractures, osteoarthritis (OA), and arthroscopic surgery.

As an experienced Expert Witness, Mr Arnaout provides clear, objective, and evidence-based reports that are fully compliant with CPR Part 35. His areas of expertise include complex joint replacements, fracture management, surgical complications, and consent-related claims.

Mr Arnaout is available to provide oral evidence in court when required.

## CLINICAL EXPERIENCE:

Mr Arnaout is a highly respected Consultant Orthopaedic Surgeon with more than 23 years' experience. His career spans several leading hospitals across the UK, including Emersons Green and Shepton Mallet. Trained in the UK, he holds prestigious qualifications including the Fellowship of the Royal College of Surgeons of Edinburgh (FRCS), the Fellowship of the European Board of Orthopaedics and Traumatology (FEBOT) and an MSc in Trauma and Orthopaedic Health Sciences from the University of Warwick.

His clinical expertise covers a wide range of orthopaedic procedures with particular emphasis on hip and knee replacements, knee arthroscopy and minor hand surgery. He also possesses advanced training in complex joint replacements and trauma surgery, underscoring his commitment to delivering exceptional surgical care.

In addition to his clinical practice, Mr Arnaout is deeply involved in medical education and research. He serves as Director of Education at the Orthopaedic Academy and is the Editor in Chief of the award-winning Concise Orthopaedics.

Mr Arnaout is dedicated to improving patient outcomes through a combination of surgical precision, research, and educational outreach. He resides in the UK, where he continues to lead in both clinical and academic spheres of orthopaedic surgery.

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## PUBLICATIONS:

- Aug 2022 – Global impact of COVID-19 on surgeons and team members (GlobalCOST)  
Collaborator – BMJ Open
- May 2020 – ‘Concise Orthopaedic Notes’ Book
- April 2020 – The Kingpin Technique: An Aid for Optimal Tibial Component Rotation during TKR – Firas Arnaout , Gavin Holt
- Dec 2019 – The Impact of webinar-based teaching Programme on FRCS (Tr&Orth) Exam Performance – Firas Arnaout, , Shwan Henari
- Nov 2019 – Orthotics and Prosthetics – Book chapter
- Candidate’s guidance for FRCS (Tr&Ortho) – Book Chapter
- Sept 2018 – The 3-Dot Circle: A Reliable Method For Safe and Efficient Digital Templating of the Acetabular Component – Firas Arnaout, Varun Dewan, Christos Paliobeis
- Feb 2018 – How to help your scrub nurse – case study – Firas Arnaout, Frank Sibly
- May 2016 – Distal locking of a tibial nail in the presence of tibial plate – Technical tip – Firas Arnaout, Christos Paliobeis
- Oct 2013 – Intra-medullary hip screw fixation for proximal femoral fractures
- Results of operative treatment of tibial plateau fractures: internal Vs external fixation – Mahmood, S Sadiq, F Arnaout
- June 2013 – Floor marking of laminar flow area; does it change theatre practice? – Firas Arnaout, Aemin Ismail, Peter Shewell
- Evaluation of outcomes of internal fixation of periprosthetic fractures with LCP
- Feb 2010 – Letter to editor – fracture of ossified Achilles tendon – Firas Arnaout, Suhail Butt
- Jan 2010 – Case report – Sudden bilateral foot drop without cauda equina syndrome: An unusual presentation of lumbar disc prolapse – F Arnaout, A Howieson, R Shah
- July 2008 – Review article – Fixation with wires versus manipulation and casting for displaced fracture of the distal radius in children
- Jan 2008 – Review article – Acute compartment syndrome

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