



# DR SALMAN SHAFIQ

CONSULTANT PSYCHIATRIST (GENERAL ADULT AND OLDER ADULT)

MRCPSYCH, MBBS

GMC NO: 6099742

Lancashire and South Cumbria NHS Foundation Trust (LSFT) (2025 - Present)



## EXPERT INFORMATION

### SPECIALIST AREAS:

- Psychopathology
- Psychopharmacology

### CASES ACCEPTED:

Claimant age: 18+

- Clinical assessments\*
- Remote assessments
- Home visits\*
- Prison visits
- Criminal cases
- Screening reports
- Desktop reports
- Family cases

\*Case-by-case

### BILINGUAL:

- ✿ Urdu
- ✿ Hindi
- ✿ Punjabi

### SCAN ME



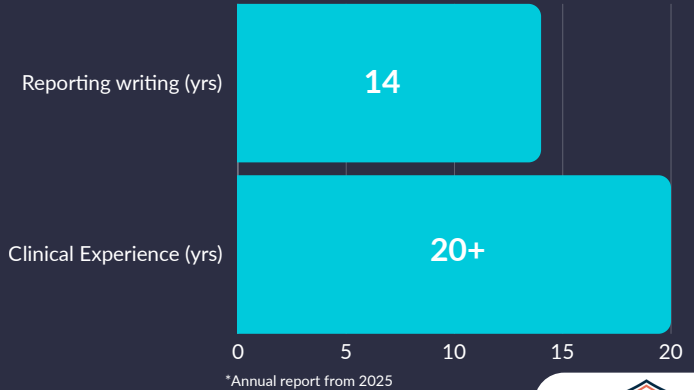
## EXPERT RATIO



CLAIMANT **40%**  
 DEFENDANT **40%**  
 JOINT **20%**



PI **70%**  
 CLIN NEG **30%**



## VENUES:



Home visits only

## FURTHER INFO:

- Court experience
- Bond Solon trained
- Legal aid (LAA)\*
- Fixed Fee cases\*
- Evening/weekend appointments
- Personal Injury
- Clinical Negligence:
  - Causation\*
  - Liability\*
  - Breach of Duty\*
  - Condition & Prognosis\*

\*Case-by-case

### CONTACT

✉ enquiries@mlas.co.uk

🌐 www.mlas.co.uk

☎ 0114 245 5423

Haywood House Unit 1a Hydra Business Park  
Nether Lane, Ecclesfield, Sheffield, S35 9ZX



Medical & Legal  
Admin Services



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## CASES RELATING TO:

*Personal Injury and clinical negligence relating to:*

- **Dementia:**
  - Alzheimer's disease
  - Vascular dementia
  - Mixed dementia
- **Psychotic disorders:**
  - Schizophrenia
  - Delusional disorder
  - Schizoaffective disorder
- **Occupational Stress & Employer Liability:**
  - Work-related stress, burnout
  - Bullying or harassment at work
  - Fitness to work and return to work opinions
  - Workplace accident
- **Anxiety Disorders:**
  - Generalised Anxiety Disorder (GAD)
  - Social Anxiety Disorder
  - Separation Anxiety Disorder
  - Panic disorder
  - Phobias (e.g. health-related phobias, agoraphobia)
  - Obsessive-compulsive disorder (OCD)
  - Post-traumatic stress disorder (PTSD)
  - Fear-avoidant behaviours impacting daily functioning
- **Major affective disorders:**
  - Personality disorder (including bipolar affective disorder)
  - Depression
  - Major Depressive Disorder (MDD)
- **Psychopharmacology:**
  - SSRIs
  - SNRIs
  - Atypical antidepressants (e.g. mirtazapine)
  - Antipsychotics (typical/atypical)
  - Mood stabilisers (e.g. lithium, lamotrigine)
- **Other:**
  - Road traffic accident (RTA)/multi-track cases
  - General adult, old age, and liaison psychiatry
  - Trauma sequelae
  - Mild cognitive impairment
  - Assessment under The Mental Health Act 1983
  - Chronic pain with psychological impact

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## MEDICO LEGAL EXPERIENCE:

Dr Salman Shafiq completed Bond Solon training in report writing in 2025. Over the years, he has completed many tribunal reports within his professional role as a middle-grade and consultant-grade psychiatrist.

He accepts instructions from both claimants and defendants, and can report on cases relating to personal injury, clinical negligence (on a case-by-case basis), condition and prognosis, causation, liability, and breach of duty.

Dr Shafiq covers the full breadth of psychiatry, including, but not limited to, major affective disorders such as depression and personality disorders, work-related stress, Obsessive-compulsive disorder (OCD), schizophrenia, and panic disorders. He has particular specialist knowledge of psychopathology and psychopharmacology.

He has been a member of the Royal College of Psychiatrists since 2017 and has extensive experience within the NHS and private practice, which is evident in his methodical and evidence-based approach to his medicolegal reports.

Dr Shafiq is available to provide oral evidence in court when necessary.

## CLINICAL EXPERIENCE:

Dr Salman Shafiq is a Consultant Psychiatrist with over 10 years' consultant-level experience across general adult and older adult mental health services in the UK and internationally. He is GMC-registered with specialist registration in General Adult Psychiatry. He has held substantive and long-term locum consultant posts within NHS services, including community, inpatient, crisis, memory assessment, early intervention, perinatal, and forensic settings.

He combines his extensive NHS consultant-level psychiatric experience with a strong cross-cultural and academic focus. Dr Shafiq has significant expertise in the cultural aspects of mental health, particularly within South Asian communities, including Pakistani and Indian populations. He completed his Bachelor of Medicine/Surgery (MBBS) in 2001, and then obtained various medical and post-graduate diplomas in Clinical Hypnosis, Clinical Psychiatry, Medical Leadership, and Medical Research.

His research portfolio, book, and peer-reviewed publications predominantly explore culturally informed understandings of mental illness, as well as the psychological and social dimensions of hatred, with a focus on understanding its causes and identifying ways to address its various manifestations. Dr Shafiq is also an accredited Balint Group leader, registered with the British Balint society.

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## PUBLICATIONS:

- Case Report, Enduring Psychiatric symptoms in 8 year old boy after mumps encephalitis published in the professional 2005[148-G/Hc (G)] F.1-48/96-dvt VOL: 12, No:02} (CO-Author)
- Clinical Audit, Performance of a new mental health service in Faisalabad published, (Published "The Professional") Nature of Article: Original Research article (Co-Author)
- Title: Views of British South Asian Muslim leaders on mental health: a focus group study, May 2025 GLOBAL PSYCHIATRY ARCHIVES, 8(1), 26-41. doi: 10.52095/gpa.2025.7576.1099, DOI: 10.52095/gpa.2025.7576.1099
- Title: A Systematic Review on How to Address Hatred in its Various Manifestations: Understand Its Different Aspects, Use Different Tools and Specific Interventions, November 2024GLOBAL, PSYCHIATRY ARCHIVES 7(2):86-109, DOI:10.52095/gpa.2024.7525.1096
- Title: Systematic review, Hatred is a mindset triggered by stressful external events, negative personal or group interpretations and unhealthy social environments. June 2023 GLOBAL PSYCHIATRY, ARCHIVES 6(2):51-101 6(2):51-101, DOI:10.52095/gpa.2023.4702.1046
- Book: Development of an individual in Pakistani society: Reflections on historical, political, sociological, and mental health aspects. ASIN: B091V57DB5, Language: English, Print length: 294 pages, Page numbers source ISBN: B091W2SKYM, Date published: 5<sup>th</sup> April 2021
- Perceptions of Pakistani community towards their mental health problems: a systematic review Published online: 27 Jan 2020, DOI: <https://doi.org/10.2478/gp-2020-0001>, Open access, Publisher: Sciendo Global Psychiatry
- Title Express our emotions and feelings? Do we suffer from an inability to express our emotions and feelings? a clinician's experience in consultation room. Journal: Independent Reviews Shafiq, S. (2018). Express our emotions and feelings?. *Indep Rev*, 20(7-12), 109-116.
- Book Review: Psychotropic drugs; fast facts (4th Edn). Edited by J. S. Maxmen, S. H. Kennedy, R. S. McIntyre. W. W. Norton & Company, Inc.: New York, ISBN 13: 978-0-393-70520-1 (Paperback), pp 260 (p 153-154), Stephen Curran, Salman Shafiq, Published Online: Feb 18 2009 9:12AM, DOI: 10.1002/hup.1000
- Practice Paper: "Treatment of depression in older people in care homes" Co- author with Prof StephenCurran, Professor of Psychiatry Wakefield UK. (Journal of Care Services Management ISSN: 1750-1679 (Paper) 1750-1687 (Online) Issue: Volume 1, Number 2 / January–March, 2007

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